



Bedroom Feng Shui for children

By Jini Rayne

Most parents and other guardians of children want to do their very best to facilitate maximum growth, comfort and happiness for their young charges. Ample rest is important for a child's overall health and is especially important for a developing brain. These feng shui tips can help in that effort.

The location of a child's bedroom within the home is very important. The farther back and higher up the location of a room in a building, the more secure and controlling the person occupying the room is. This is called "commanding position". While we want our children to feel secure, they must not be in control of the family. That is the proper role of the responsible adult/s in charge. So if, for example, the master bedroom is on the ground floor with the children upstairs, or if the child's bedroom is farther back in the house than the parents', we have an imbalance in power.

To rectify this imbalance, it is necessary to put a representation of the adults' presence and energy in the

commanding position of the house. One family who had finished the attic to be a playroom, painted hand prints of the whole family on the walls with those of the children below those of the parents, thus putting the parent's energy highest in the home. Some have chosen to display a treasured collection, toy or trophy from their own childhood in their child's room. A young child will likely feel secure with a picture of the parent/s on the back wall of their room. You might have to hide that picture behind a poster on the wall of a teen's room in order to assert your proper authority.

The location of the bed within the room is also of importance. You want the child to be able to see the door while in bed but not be directly across from the door within the stream of chi (energy) flowing in. It is ideal for the bed to be as far from the door as possible. The bed should not be positioned under the short part of a slanted ceiling as this compresses and stunts their chi. For the same reason, bunk beds are not recommended. It is best if the head of the bed is not right next to a window. If it must be in that position, hang a multifaceted spherical feng shui crystal in the window to circulate and diffuse